

CORPUS ANALYSIS

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Extended Abstracts / Summaries of Articles Reporting Studies about Depression in Psychology (in order to be published on the Internet or in a journal)

| | |
|-----------------------------------|------|
| Total number of <i>Words</i> | 5704 |
| Total number of <i>Word Types</i> | 1442 |

QUANTITATIVE ANALYSIS

1) The Most Frequent 100 Words Used in the Corpus

| | | |
|------|------------|-----|
| [1] | the | 294 |
| [2] | and | 199 |
| [3] | of | 189 |
| [4] | to | 137 |
| [5] | in | 114 |
| [6] | a | 108 |
| [7] | that | 76 |
| [8] | with | 53 |
| [9] | depression | 45 |
| [10] | for | 44 |
| [11] | s | 43 |
| [12] | as | 42 |
| [13] | is | 41 |
| [14] | more | 41 |
| [15] | their | 38 |
| [16] | were | 38 |
| [17] | by | 37 |
| [18] | at | 36 |
| [19] | have | 34 |
| [20] | or | 32 |
| [21] | negative | 31 |
| [22] | health | 30 |
| [23] | study | 30 |
| [24] | adults | 29 |
| [25] | may | 29 |
| [26] | people | 29 |
| [27] | they | 29 |
| [28] | are | 28 |
| [29] | be | 28 |
| [30] | it | 28 |
| [31] | not | 28 |
| [32] | who | 28 |
| [33] | from | 26 |
| [34] | on | 26 |
| [35] | this | 26 |
| [36] | depressed | 25 |
| [37] | self | 25 |

| | | |
|------|---------------|----|
| [38] | had | 24 |
| [39] | other | 23 |
| [40] | than | 22 |
| [41] | these | 22 |
| [42] | but | 20 |
| [43] | one | 19 |
| [44] | research | 19 |
| [45] | researchers | 19 |
| [46] | age | 18 |
| [47] | found | 18 |
| [48] | also | 17 |
| [49] | authors | 17 |
| [50] | children | 17 |
| [51] | images | 17 |
| [52] | life | 17 |
| [53] | problems | 17 |
| [54] | was | 17 |
| [55] | an | 16 |
| [56] | d | 16 |
| [57] | esteem | 16 |
| [58] | how | 16 |
| [59] | mental | 16 |
| [60] | findings | 15 |
| [61] | mothers | 15 |
| [62] | older | 15 |
| [63] | participants | 15 |
| [64] | two | 15 |
| [65] | which | 15 |
| [66] | anxiety | 14 |
| [67] | during | 14 |
| [68] | high | 14 |
| [69] | percent | 14 |
| [70] | psychological | 14 |
| [71] | about | 13 |
| [72] | after | 13 |
| [73] | association | 13 |
| [74] | can | 13 |

| | | |
|-------|-------------|----|
| [75] | disorder | 13 |
| [76] | experienced | 13 |
| [77] | functioning | 13 |
| [78] | mdd | 13 |
| [79] | physical | 13 |
| [80] | positive | 13 |
| [81] | those | 13 |
| [82] | when | 13 |
| [83] | crh | 12 |
| [84] | disorders | 12 |
| [85] | ph | 12 |
| [86] | said | 12 |
| [87] | such | 12 |
| [88] | support | 12 |
| [89] | university | 12 |
| [90] | according | 11 |
| [91] | being | 11 |
| [92] | between | 11 |
| [93] | each | 11 |
| [94] | his | 11 |
| [95] | person | 11 |
| [96] | says | 11 |
| [97] | showed | 11 |
| [98] | what | 11 |
| [99] | adolescence | 10 |
| [100] | been | 10 |
| [101] | brain | 10 |
| [102] | colleagues | 10 |

There are 102 items instead of 100 because the items number 56 and 85 are part of a personal noun, and so we cannot consider them.

2) The Most Significant Items in the List

Nouns 30 items

| | | | |
|----|-------|--------------|----|
| 1 | [9] | depression | 45 |
| 2 | [23] | study | 36 |
| 3 | [22] | health | 30 |
| 4 | [24] | adults | 38 |
| 5 | [26] | people | 29 |
| 6 | [37] | self- | 25 |
| 7 | [75] | disorder | 25 |
| 8 | [46] | age | 22 |
| 9 | [44] | research | 19 |
| 10 | [45] | researchers | 19 |
| 11 | [49] | authors | 17 |
| 12 | [50] | children | 17 |
| 13 | [51] | images | 17 |
| 14 | [52] | life | 17 |
| 15 | [53] | problems | 17 |
| 16 | [57] | esteem | 16 |
| 17 | [60] | findings | 15 |
| 18 | [61] | mothers | 15 |
| 19 | [63] | participants | 15 |
| 20 | [66] | anxiety | 14 |
| 21 | [69] | percent | 14 |
| 22 | [73] | association | 13 |
| 23 | [161] | group* | 13 |
| 24 | [77] | functioning | 13 |
| 25 | [88] | support | 12 |
| 26 | [89] | university | 12 |
| 27 | [95] | person | 11 |
| 28 | [99] | adolescence | 10 |
| 29 | [101] | brain | 10 |
| 30 | [102] | colleagues | 10 |

* The occurrences of the word "group" are the result of the addition between the occurrences of the noun in the singular form (7) and in the plural form (6).

| | | |
|-----------|----------|--|
| All Verbs | 20 items | What will be considered are the verbs which appear in the first 200 words of the frequency list, since there are some verbs worth noting |
|-----------|----------|--|

| | | | |
|----|-------|-------------|-------------|
| 1 | [13] | is | 41 |
| 2 | [16] | were | 38 |
| 3 | [19] | have | 34 |
| 4 | [25] | may | 29 |
| 5 | [28] | are | 28 |
| 6 | [29] | be | 28 |
| 7 | [38] | had | 24 |
| 8 | [47] | found | 18 |
| 9 | [54] | was | 17 |
| 10 | [74] | can | 13 |
| 11 | [76] | experienced | 13 |
| 12 | [86] | said | 12 |
| 13 | [91] | being | 7 out of 11 |
| 14 | [96] | says | 11 |
| 15 | [97] | showed | 11 |
| 16 | [100] | been | 10 |
| 17 | [148] | say | 8 |
| 18 | [162] | has | 7 |
| 19 | [171] | suggest/s | 7+2 |
| 20 | [175] | appears | 6 |

Auxiliaries

| | | |
|------|------|----|
| [13] | is | 41 |
| [16] | were | 38 |
| [19] | have | 34 |
| [28] | are | 28 |
| [29] | be | 28 |
| [38] | had | 24 |
| [54] | was | 17 |

Modals

| | | |
|------|-----|----|
| [25] | may | 29 |
| [74] | can | 13 |

Present tenses

| Simple Present | | Present Continuous | -Ing form as infinite | |
|----------------|--------------|--------------------|-----------------------|---------------------------------|
| is | 40 out of 41 | 1 out of 41 | Being | 7 out of 11 (4 times as a noun) |
| have | 19 out of 34 | | | |
| may | 29 | | | |
| are | 28 | | | |
| can | 13 | | | |
| says/say | 11+8 | | | |
| has | 2 out of 7 | | | |
| suggest/s | 7+2 | | | |
| appears | 6 | | | |

Past tenses

| Simple Past | | Perfect Tenses | | Past Participle | |
|-------------|--|----------------|--------------|-----------------|----|
| were | 34 out of 38 (4 times in past continuous) | | | | |
| | | Have + pp | 15 out of 34 | | |
| had | 8 out of 24 | Had + pp | 14 out of 24 | 2 out of 24 | |
| | | Has + pp | 5 out of 7 | | |
| found | 12 out of 18 | | | 6 out of 18 | |
| was | 17 | | | | |
| experienced | 8 out of 13 | | | 5 out of 13 | |
| said | 12 | | | | |
| showed | 11 | | | been | 10 |

Passive Forms

| | | |
|----|---------------------------|--|
| 1 | is influenced by | The form "is" appears 17 times in a passive construction out of 41 occurrences |
| 2 | is influenced not only by | |
| 3 | is associated with | |
| 4 | is Associated With | |
| 5 | is entirely explained by | |
| 6 | is made | |
| 7 | is published by | |
| 8 | is associated with | |
| 9 | is published by | |
| 10 | is activated | |
| 11 | is activated | |
| 12 | is reported on | |
| 13 | is related to | |
| 14 | is found in | |
| 15 | is needed to see | |
| 16 | is involved in | |
| 17 | is not known | |

| | | |
|---|---------------------------|--|
| 1 | are reported on | The form "are" appears 8 times in a passive construction out of 29 occurrences |
| 2 | are not necessarily tied | |
| 3 | are likely to have | |
| 4 | are likely to have | |
| 5 | are reported on | |
| 6 | are associated with | |
| 7 | are released | |
| 8 | are likely to demonstrate | |

| | | |
|---|---------------------|---|
| 1 | were examined to | The form "were" appears 9 times in a passive construction out of 38 occurrences |
| 2 | were asked | |
| 3 | were also assessed | |
| 4 | were interviewed | |
| 5 | were questioned | |
| 6 | were linked to | |
| 7 | were re-employed | |
| 8 | were first assessed | |
| 9 | were controlled | |

| | | |
|---|------------------------|--|
| 1 | was associated with | The form "was" appears 7 times in a passive construction out of 17 occurrences |
| 2 | was predicted by | |
| 3 | was found to influence | |
| 4 | was associated with | |
| 5 | was associated with | |
| 6 | was eliminated | |
| 7 | was prepared by | |

| | |
|---|-----------------------|
| 1 | has long been known |
| 2 | have been found |
| 3 | who've been diagnosed |

| | | |
|---|---------------------------------|---|
| 1 | will be presented | The form "be" appears 8 times in a passive construction out of 28 occurrences |
| 2 | could be generalized | |
| 3 | can be predicted | |
| 4 | could be exposed to | |
| 5 | to be small or poorly developed | |
| 6 | should be seen | |
| 7 | should be watched | |
| 8 | should be taught to | |

Tot. number of passive forms: 52

All Adjectives 16 items

| | | | |
|----|-------|---------------|----|
| 1 | [15] | their | 38 |
| 2 | [21] | negative | 31 |
| 3 | [35] | this | 26 |
| 4 | [36] | depressed | 25 |
| 5 | [39] | other | 23 |
| 6 | [41] | these | 22 |
| 7 | [59] | mental | 16 |
| 8 | [62] | older | 15 |
| 9 | [64] | two | 15 |
| 10 | [70] | psychological | 14 |
| 11 | [79] | physical | 13 |
| 12 | [80] | positive | 13 |
| 13 | [81] | those | 13 |
| 14 | [93] | each | 11 |
| 15 | [94] | his | 11 |
| 16 | [103] | depressive | 10 |

Different kinds of adjectives

| Qualifying adj | | Demonstrative adj | | Indefinite adj | | Possessive adj | | Numeral adj | |
|----------------|-----------------------|-------------------|--------------|----------------|--------------|----------------|----|-------------|----|
| negative | 31 | this | 23 out of 26 | other | 18 out of 23 | their | 38 | two | 15 |
| depressed | 25 | these | 21 out of 22 | each | 8 out of 11 | his | 11 | | |
| mental | 16 | those | 4 out of 13 | | | | | | |
| older | <i>comparative</i> 15 | | | | | | | | |
| psychological | 14 | | | | | | | | |
| physical | 13 | | | | | | | | |
| positive | 13 | | | | | | | | |
| depressive | 10 | | | | | | | | |

Pronouns 11 items

| Personal p | | Demonstrative p | | Indefinite p | | Relative p | |
|------------|----|-----------------|-------------|--------------|-------------|------------|--------------|
| they | 29 | this | 3 out of 26 | other | 5 out of 23 | that | 23 out of 76 |
| it | 28 | these | 1 out of 22 | each | 3 out of 11 | who | 28 |

| | | | | | | | |
|--|--|-------|-------------|--|--|-------|----|
| | | those | 7 out of 13 | | | which | 15 |
| | | | | | | what | 11 |

Adverbs 0 items

3) Minimal Core Vocabulary

| NOUNS |
|--------------|
| adolescence |
| adults |
| age |
| anxiety |
| association |
| authors |
| brain |
| children |
| colleagues |
| depression |
| disorder |
| esteem |
| findings |
| functioning |
| group* |
| health |
| images |
| life |
| mothers |
| participants |
| people |
| percent |
| person |
| problems |
| research |
| researchers |
| self- |
| study |
| support |
| university |

| ADJECTIVES |
|-------------------|
| depressed |
| depressive |
| each |
| his |
| mental |
| negative |
| old |
| other |
| physical |
| positive |
| psychological |
| their |
| these |
| this |
| those |
| two |

| VERBS | Forms which appear in the first 100 words of the frequency list |
|---------------|---|
| To appear | appears |
| To be | is, are, were, was, been, being |
| Can | can |
| To experience | experienced |
| To find | found |
| To have | have, has, had |
| May | may |
| To say | Say, says, said |
| To show | showed |
| To suggest | Suggest, suggests |

QUALITATIVE ANALYSIS

1) Meaningful words: how they are used

Depression

It is the most frequent noun in the list, and this is justified by the fact that Depression is the topic of the abstracts / articles contained in the corpus. There are some features worth noting about this term:

- a) It is often connected to the term "**anxiety**" (9 times), which very rarely appears far from this word in the texts. They are considered almost like a reversible binomial, which means that they appear both the following ways: *depression and anxiety / anxiety and depression*. It seems that Depression can cause anxiety and vice versa.
- b) It is often connected to the term "**spouse**"(8 times), which usually appears connected to the binomial *anxiety and depression* analysed before: (e.g.) *spouse's level of anxiety and depression*.
- c) It appears 8 times with the term "**level**" in the expression: *level of depression*.
- d) In 5 occurrences, it is in connection with the word "**postnatal**": *postnatal depression*.
- e) It appears near the word "**adolescence**" 10 times.
- f) It is also meaningful, but quite obvious, that there is a high frequency of the two adjectives derived from this noun: **depressed** (22 occurrences) and **depressive** (10 occurrences). The last one also appears in the acronym "MDD" (13 occurrences) which means Major Depressive **Disorder**, that is a kind of depression.

From these data, we can deduce that depression is considered as a *disorder* in psychology, and there can be different kinds of it, and each one can be at different levels, depending on the gravity. The different kinds of depression appearing in the corpus are: **spouse's depression, postnatal depression in mothers, depression in adolescents.**

Disorder

This is a very important technical term, which occurs 25 times as a single word (13 in the plural form and 12 in the singular form) and 13 times in the acronym MDD. There are different kinds of "disorders", one of which is, of course, depression. The kind of disorder is always expressed just placing the word defining the disorder before this term (premodification):

Examples

- ★ *Human brain disorders*
- ★ *Depressive disorder*
- ★ *Mental disorders*
- ★ *Post-traumatic stress disorder*
- ★ *Obsessive-compulsive disorder*

It is worth noting that **disorder** is the **psychological term** used to define what in the **everyday language** is defined a **mental illness**.

Study

This term occurs 30 times in the corpus, and it is used to talk about the research and the experiments at the basis of each article. It can be considered as a **synonym** of the term **research**, but they are used in a different way in the corpus: **study** is usually referred to what is the basis of the article, while **research** is usually referred to previous or possible future studies different from the one about which the article is built.

Health

There are 30 occurrences of this term. It often appears together with the adjectives **mental** (*mental health* 9 times) or **physical** (*physical health* 8 times). It usually appears before the words **problems, conditions, status**, (*health problems, health conditions, health status*) and usually referred to adult people.

May

May is the most frequent modal in the corpus. It occurs 29 times, 9 of which followed by **"be"**: *may be*. There is a high use of modals, if we also consider that **"can"** appears 13 times in the corpus. They are used to express a very high probability of a specific result that a particular condition can have, according to which what a study has stressed. This means that when showing the results of a psychological research, it is usual to never express absolute certainty, but always talk in terms of a big probability. Modals are one way of indicating the degree of certainty of a writer's commitment to a statement or claim; in other words, it is a way through which the writer distances from the statements. This phenomenon is generally known as *Hedging*.

Examples:

- ★ *life events such as job loss **can** have lasting effects*
- ★ *a depressed partner **may** have a negative worldview*
- ★ *adult health **may** be largely due to*

Self-

It always appears as a prefix, never as a suffix or a single noun. It occurs 16 times out of 25 together with the word **"esteem"**, in the compound noun: self-esteem.

This term **"self-esteem"** often appears connected with words like *happiness, happy, unhappy*, so that we can deduce that self-esteem can influence the happiness of a person a lot.

To experience

This verb occurs 13 times in the Past Simple and 4 times in the –ing form. It is worth noting that it is the term used to express the status or conditions a person has been in. In everyday language it is not so common to use it, since it is often replaced by “have”.

Examples:

- ★ *those who **experienced** other psychological disorders* (everyday language: *those who **had**...*)
- ★ *a purpose in life and **experienced** good health* (everyday language: *...and **had** good health*)

2) Typical Linguistic Patterns and their Functions

To be associated with

It is a pattern which is always used to express the reversible cause-effect relationship between two conditions.

Examples:

- ★ depression in adolescence ***is associated with*** many subsequent problems
- ★ responses to frustration ***are associated with*** violent behavior
- ★ support during childhood ***is associated with*** increased levels of depression

Suggest/s that

It is the structure used to express the possible conclusions researchers can draw starting from the findings obtained in a study/research.

Examples:

- ★ The research ***suggests that***
- ★ our study ***suggests that***
- ★ These findings ***suggest that***

As we can see, the tone of the speech is *never in terms of absolute certainty* (see above “may”), but of “suggestion”. The use of this reporting verb is another way of expressing *hedging*.

Found that

It is the structure used to introduce the findings, results, of a research/study. It is worth noting that the synonym “discovered”, accepted in everyday language, is never used in

the corpus, so that we can consider “found that” as a pattern typical of abstracts / articles reporting a study.

Examples:

- ★ Studies have also *found that*
- ★ research groups have *found that*
- ★ the researchers *found that*

3) Nominalizations

Fighting, findings, functioning, learning, development, impairment, improvement, re-employment, treatment, unemployment, activation, association, correlation, invitation, presentations, ability, activity, hyperactivity, reliability, selectivity.

4) Compound nouns (nominal phrases)

Compound Nouns are used to express the different kinds of disorders/ illnesses/phobias. As written above (see the word “disorder”) the compositional process is always the same: *a noun defining the kind of disorder + disorder/phobias/....* This process is referred to as **premodification** or **construction at left**, which means that anything that appears before a noun is to be considered a modifier.

Examples:

- ★ *disruptive behavior disorders*
- ★ *human anxiety disorders*
- ★ *panic disorder*
- ★ *stress disorder*
- ★ *adolescent non-mood disorder*
- ★ *attention deficit hyperactivity disorder*
- ★ *human brain disorders*

5) Passive Forms

Passive forms are quite frequent in the corpus, and this is a typical feature of Scientific English. They usually occurs in the third person singular of Simple Present (17 times out of 41 occurrences of the form “**is**” = 41.5%), but they are also frequent with the other forms of the verb to be in the corpus: **are** (third person plural) = 8 occurrences out of 29 (27.6%); **was** (third person singular, Past Simple) = 7 out of 17 (41%); **were** (third person plural, Past Simple) = 9 out of 38 (23.6%); **be** (base form appearing after a modal verb) = 8 out of 28 (28.6%).

As we can see, the use of passive forms emerges as a very important feature of the corpus, since in everyday language passive forms are not so common.

6) Structure of the summaries of articles reporting studies/researches on depression in psychology contained in the corpus

Each abstract/summary shows the same precise structure, so that we can consider it as the typical structure of these kind of summaries of articles reporting studies/researches in general. This is the repeated pattern followed in the corpus:

★ **Title**

★ **Introduction (very concise abstract)**

- Name of the town where the study / research took place
- A few lines resuming the objective of the research and the important findings obtained with it
- References of the journal / book where the whole study is published

★ **Section 1**

- Description of how the research was carried out: the examined groups of people: how, why, where

★ **Section 2**

- Results and findings of the study / research

★ **Section 3**

- Conclusions that can be drawn starting from the findings obtained in the experiment / research

Conclusions

Part of the conclusions I drew during the corpus analysis are included in the previous section (Qualitative Analysis).

Other worth noting conclusions:

- ★ There are very few logical connectors. The reason can be that these texts are summaries, which means that they have to be quite concise.
- ★ The most common verbal tense is **Present Simple**, which is typical of Scientific English, followed by **Simple Past**. There is also a **high frequency of the Passive Form** (if confronted with general everyday English,) which is another important feature of Scientific English. The **verbs are all in the third person (singular or plural)**, which can be explained by two important reasons: a) the necessity to show objectivity in the texts, keeping distances from what written, which can be seen as another example of *Hedging* ; b) these articles are summaries of very large studies, carried out by psychologists who are usually different from the authors of these summarizing articles.
- ★ **Personal pronouns** (third person singular and plural) and relative pronouns are quite frequent, such as **demonstrative** (apart from "that") and **possessive** (third person singular and plural) **adjectives**.
- ★ As shown in the qualitative analysis, apart from the auxiliaries and modals, the **most frequent verbs** (*to find, to suggest, to say, to show, to experience*) deal with the particular area of "reporting research and experiments", which is what these article do. As for the **most frequent nouns and qualifying adjectives** (*depression, study, health, disorder (...), negative, depressed, mental (...)*), they all deal with the topic of the articles, ("studies/researches/experiment on depression in psychology"), so that we can say they are **part of the technical vocabulary**, with a very specific meaning, according to the psychological field.
- ★ There is a very high frequency of **"that"** with a **declarative/explicative function**, which is also one of the main functions present in the corpus, as we can see in the following expressions: *found that, suggest that*. These are very frequent expressions, which can be considered as pattern-expressions typical of these kind of articles.
- ★ Another important frequent function in the corpus is the **expression of the cause-effect relationship**, mainly expressed through the following pattern: *to be associated with*.
- ★ **Nominalizations and nominal phrases** are quite frequent (see points 3-4 in the previous section.) This is quite a common feature in Scientific English, since it enables complex information to be packaged into a phrase that is simple from a grammatical point of view.
- ★ As for the use of **Modals**, see point 1 (*May*) in the previous section (Quantitative Analysis.)